



Application Guideline
“ परिवर्तक : The Changemaker ”
(To be launched on International Volunteer Day, 5 December 2022)

Introduction

परिवर्तक : The Changemaker is a youth-led campaign of the Nepal Red Cross Society (NRCS) where youths (13 to below 30 years of age) can apply for a grant to address climate-related issues in the communities. The applicants can apply individually or in a group of at least 3 members. This guideline aims to engage youths in climate actions and sought their innovative ideas for climate change adaptation. The youth within and beyond the Nepal Red Cross Society (NRCS) can apply and contribute to this campaign. We appeal to all youths to share their innovative ideas and become changemakers.

Theme: Climate Change

Climate change refers to long-term shifts in temperatures and weather patterns. These shifts may be natural through variations in the solar cycle. But since the 1800s, human activities have been the main driver of climate change, primarily due to burning fossil fuels like coal, oil and gas.¹ Climate change is having major humanitarian consequences. The poorest and most vulnerable people and those on the margins of society are suffering the greatest consequences through loss of life, greater susceptibility to disease, economic setbacks, and livelihood erosion.² Climate change effects on health, Water, Sanitation and Hygiene (WASH), livelihood, indigenous and women groups, biodiversity, education, and more areas. If you have any actions or ideas to solve such problems related to climate change in your community, you can be a part of this campaign.

Click [here](#) to learn more about the climate risk profile of Nepal.

Eligibility for Application

The youths within and beyond the Red Cross Movement are highly encouraged to apply for the grant. Please read the guideline carefully. The application process differs for youths not associated with Nepal Red Cross Movement and those already engaged with NRCS.

¹ <https://www.un.org/en/climatechange/what-is-climate-change>

² Ambitions to address the climate crisis, International Red d Cross Red Crescent Movement, 2020

The key eligibility for application are:

- a) Must be a resident of Nepal.
- b) Applicant must be a youth (from 13 to below 30 years).
- c) Applicants aged 13 to 18 years must submit the recommendation letter (Annex I) and/or consent form (Annex II) along with the application. Please read the checklist below. *
- d) Must follow the seven Fundamental Principles of the Red Cross Movement.
- e) Must be able to actively implement the campaign until the end.

***Checklist of requirements of recommendation letter and consent form for applicants inside and outside of NRCS to submit.**

(Yes: Recommendation letter or consent form is required. NO: Recommendation letter or consent form is not required).

Age group	Recommendation	Consent
For applicants engaged with NRCS (below 18 years):		
Individual applicants	Yes	Yes
Applicants in a group	Yes	No
For applicants engaged with NRCS (above 18 years):		
Individual applicants	No	No
Applicants in a group	No	No
Applicants not engaged with NRCS (13-18 years):		
Individual applicants	No	Yes
Applicants in a group	No	Yes **
Applicants not engaged with NRCS (above 18 years):		
Individual applicants	No	No
Applicants in a group	No	No

** A consent letter from a parent of a group leader is required.

c) How to Apply?

1. Read the guideline carefully.
2. Visualize the climate issues in your community or specific group and develop an innovative idea to solve and mitigate them. Analyze how your idea and action will benefit the community/group. The issues and your proposed action must be linked with the climate change.
3. Film a short video (not longer than two minutes) addressing the climate change related issue and your idea to solve them. Please refer video guideline (Annex III) for filming the video.
4. Collect all the documents (recommendation letter and consent form, if required).
 - For applicants engaged in NRCS, a recommendation letter from Junior/Youth Red Cross Circle and/or a consent from parents is required.
 - For applicants outside of NRCS, recommendation letter from schoolteacher and/or consent from parents is required as mentioned in the above table.
5. Fill in the application form, upload your documents (recommendation letter and consent form, if required) and your video. Submitted videos will be uploaded to Nepal Red Cross Society's You Tube channel. Participants are encouraged to share their video link in their social network for likes, views, and comments.
6. Timeline for application submission: **5 December 2022 to 20 January 2023.**

In case of any issues while applying or for more information, please email to youthaction@nrccs.org or call 9841310677 or 9812885576 (10am to 4pm, Sunday to Friday).

Evaluation Criteria

- **Engagement:** You Tube video that get more likes and views will be prioritized by the selection committee. Please use the hashtags [#TheParibartakNepal](#) and [#NepalLimitless](#) while sharing your videos in your social network.
- **Innovativeness:** Innovative and solution-driven ideas based on human creativity will be emphasized. Ideas that lead to the investment are more encouraged.
- **Scalable ideas:** The creative ideas that can be implemented widely in later stage will be prioritized.
- **Social impact:** The ideas must address climate change related issues in communities and solve the problems.

Seed Fund

100 best ideas from applicants will be awarded with seed money of **NPR 24,000** for the implementation. Shortlisted applicants will be informed and guided on reporting mechanism at a later stage.

Annex I

Specimen of Teacher Sponsor's Recommendation Letter

Date :

To Whom It May Concern

I hereby would like to ensure that Mr./ Miss. is the member of Junior/ Youth Red Cross Circle of[*school's name*] since[*date*] and studies in Grade[*if University student, please mention the level*] at present. I recommend him/her for the participation in the "परिवर्तक : The Changemaker" Campaign.

I wish Miss/ Mr. good luck in every step of life.

Sincerely Yours,

.....
[*Name*]
[*Designation*]
[*Email or Phone No.*]

**Annex II
Consent Form**

RELEASE

I hereby give Nepal Red Cross Society (NRCS) and the International Federation of Red Cross and Red Crescent Societies (IFRC) the unlimited right to use, publish, and republish (including with alterations) in any form or media, now and in the future (tick all that apply):

- My name and other information about me,
- Reproductions of my likeness in photos and videos,
- My voice and/or statements made by me.

I agree that NRCS and IFRC may use such information, photos, and videos in forms including, but not limited, to websites, newsletters, posters, historical archives, for the purposes of reporting on or promoting the NRCS and IFRC's activities, fundraising, or any other purpose consistent with the IFRC's mission.

If my children are selected, I have no objection with their involvement in the monetary transaction and/or grant they receive for the implementation of their ideas during the campaign.

I hereby release the NRCS and IFRC from any and all claims which arise out of the use of such information, photos, and videos.

I have read and understand this waiver and I hereby give my consent on behalf of my children.

Signature

Date

Name of parent and Individual applicant/group name

Address (including city and country)

Email / Phone number

Annex III
Video Guideline

Dear Youth,

- You can use a smartphone or camera to record yourself.
- Please record in landscape mode, holding the phone on its side/horizontally. (Don't shoot vertical video. Horizontal videos are better as it balances the image and the background.)
- You can talk directly to the front camera, as if you were taking a selfie. Alternatively, you can ask someone to record, or prop the phone on a table.
- Make sure that your video includes your or your team members' introduction and answer of the questions mentioned in the application form.
- Video must not exceed 2 minutes length.
- Don't move the phone while recording the video. Use steady hands, or a tripod if you have one.
- Don't use zoom function.
- Don't shoot in the nighttime. Daylight gives a better-quality video.
- Don't use extra lighting, extra lenses or outside audio recording.
- Don't use slow-motion.
- Make sure the video is not blurry.
- After you complete recording the video, replay and check for audio/ visual/ light clarity. You may cut and edit the length, if your phone allows you to do so.
- Upload a video with your application.